

# FOOD THIS WEEK

Week commencing 27 October 2025



|                   | MONDAY   | TUESDAY   | WEDNESDAY   | THURSDAY  | FRIDAY   |
|-------------------|--|---|---|---|--|
| BREAKFAST SPECIAL | Bacon muffin with fried egg, hashbrown, spinach & cheddar  | Honey & yogurt waffles with summer berries & granola crumb  | Breakfast burrito filled with sausage, bacon, hashbrown, cheese, scrambled egg                              | Toasted bagel with hot smoked salmon, scrambled egg, spinach and samphire | Creamy mushrooms on a herby crostini, poached egg & crispy streaky bacon                             |
| SOUP              | Leek & potato  | Tomato & pesto soup   | Broccoli & stilton soup   | Food festival   | Summer vegetable minestrone soup   |
| FOOD HERO         | Slow cooked beef brisket in a Yorkshire pudding wrap with cumin & honey carrots with beef dripping gravy | Sweet & sour chicken, with chow mien vegetables, egg noodles & grilled bok choi                                 | Slow-grilled aubergines with sweet potato croquette, lime, chilli & coriander, grilled flat bread & salad   | Food festival   | Breaded chilli & lime fish goujons with tarte sauce, tortilla wrap with seasoned fries & garden peas |
| STREET            | Double glazed mac 'n' cheese with lentil and chick pea dumplings   | Pulled slow cooked lamb with butterbean hummus, pickled cabbage, red onions, brussels slaw & grilled pita bread | Brioche beef burger with braised BBQ belly pork, red Leicester cheese & red onion marmalade                 | Food festival   | Potato gnocchi with a wild mushroom cream, rocket salad &toasted pine kernels                        |
| GRAIN & GREENS    | Pan fried sea trout, saffron pearl barley, chorizo sausage & spinach with red pepper dressing            | Falafel & hummus grain bowl with pomegranate, feta & roasted chickpeas  | Teriyaki & ginger chicken with wild lentil pilaf, heritage baby tomatoes, edamame beans & charred butternut | Food festival   | Chicken Caesar salad, jersey royals, crispy prosciutto ham, garlic croutes                           |
| SALAD SPECIALS    | Black bean with golden corn, red peppers, avocado & chipotle-lime  | Teriyaki crispy tofu with bright broccoli, red pepper, soba noodles & sesame seeds                              | Thai green papaya with shredded carrot & lime-chilli dressing   | Food festival   | Israeli grains with charred broccoli   |
|                   | Roasted mediterranean vegetables with torn mozzarella & basil oil  | Wild rice with dried cranberries, green rocket & citrus vinaigrette   | Bulgur wheat, with green courgette, red onion, preserved lemon & parsley                                    | Food festival   | BBQ jackfruit with grilled corn ribs, purple slaw & smashed avocado                                  |
|                   | British beetroot, green lentils, pink radish, horseradish & feta   | Roasted Lebanese cauliflower with yoghurt dressing & toasted mixed seeds  | Japanese miso-glazed aubergine with egg noodles, green onions & sesame                                      | Food festival   | Orzo pasta with roasted peppers, red onion & basil oil   |

PLEASE ASK ABOUT ALLERGENS BEFORE CONSUMING